



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**



# Montachusett Regional YMCA

## Joseph A. Lowe Outdoor Center

Outdoor Center Hours 2012  
Saturdays & Sundays 11:00am-7:00pm  
June 23<sup>rd</sup> – Labor Day  
Camp Lowe  
132 Fort Pond Inn, Road  
Lancaster, MA

# Here's what Family Camp has to offer

- Sandy Beach
- Canoes
- Waterfront with docks
- Lifeguard on Duty
- Picnic Area
- Facility Rentals
- Acres of woodlands
- Recreation fields
- Athletic fields
- Tennis and basketball courts
- Junior baseball field
- Spacious recreation hall with changing area and restrooms
- Tetherball

Usage of the Outdoor Center is included in Basic Membership to the YMCA in Fitchburg. A family season pass for non-members can be purchased for \$125 per family (includes 2 parents and children 16 and under).

## **Daily Guest Fees:**

Family \$20.00

Adult \$15.00

Children through age 16 must be accompanied by an adult and are included in the family fee.

# General Rules and Regulations

1. All members and guests must sign in upon arrival and present member ID. Fees are to be paid to the Family Camp attendant.
2. The YMCA does not allow swimming when a lifeguard is not on duty.
3. Children under 16 must be accompanied by a parent or responsible adult over the age of 18 while utilizing camp facilities. Parents are responsible for making their children and guests aware of all camp rules, and are responsible for their personal safety, and actions.
4. Family automobiles shall park only in the designated parking area. All cars should be locked when unattended. Motorbikes, ATVs, motorboats, and any other motorized vehicles are not allowed on camp property.
5. Pets, alcohol, firearms, and explosives are not allowed on camp property.
6. Smoking is not allowed on camp grounds.
7. Picnicking is limited to the areas immediately around the picnic tables and grills. Please place all trash in trash receptacles, leaving the area as clean as possible. No glass of any kind is allowed at camp.
8. Toilets and changing facilities are located in the Recreation Hall. The Day Camp Office and refrigerators are off limits to Family Camp Members. Absolutely no ball playing or Frisbee is allowed in the Rec. Hall building.



## Waterfront Rules and Regulations

1. Swimming is only allowed when a lifeguard is on duty.
2. Children 12 and under must have an adult present at the waterfront at all times.
3. No running, pushing, or horseplay on docks or rafts.
4. Do not overload raft (10 person maximum).
5. Boats must be signed out with a lifeguard. Patrons may not bring personal watercraft.
6. All children under 16 years of age must be accompanied by an adult over 18 when using camp boats. Persons over the age of 16 may use canoes, provided they are experienced in basic swimming and may be required to pass a basic swim test.
7. All boaters must wear lifejackets.
8. Do not overload boats (check with lifeguard).
9. No standing in the boats or jumping from boats.
10. Do not throw rocks or sand on Camp property.
11. Toys, masks, flippers, ball playing, etc. are allowed only at the discretion of the lifeguards.
12. No fishing is allowed on Camp property.

## Camp Lowe Family Camp Registration Form

**e-mail:** \_\_\_\_\_

Name: \_\_\_\_\_ Spouse: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home / Cell Phone #: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Names of Children:

Ages:

Date of Birth:

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

A Season Pass to YMCA Camp Lowe Outdoor Center is \$125. Make checks payable to YMCA. Return forms to: YMCA, *c/o: Lynn Scott*, 55 Wallace Ave., Fitchburg, MA, 01420